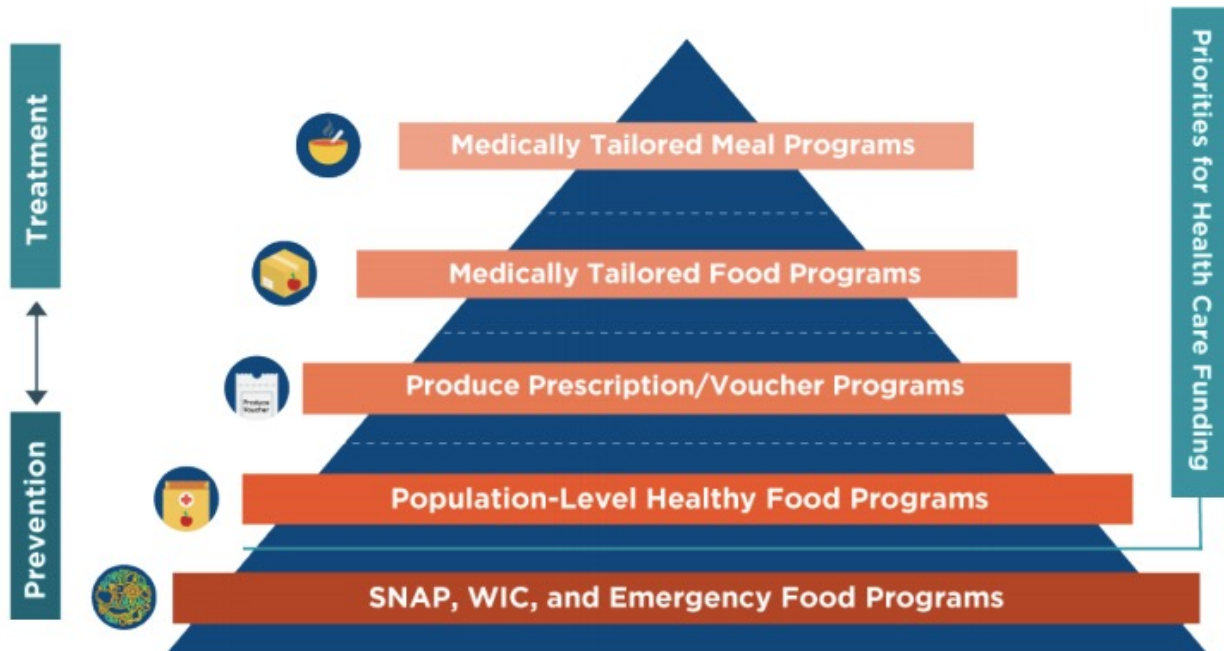
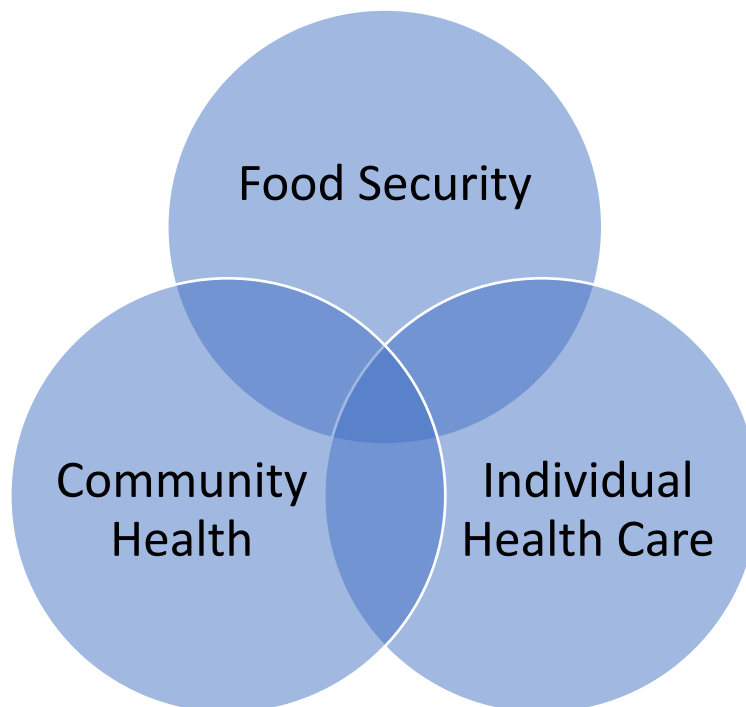


# Food & Health Care Interventions – Continuum of Care

November, 2021, VT Food Access & Health Care Consortium

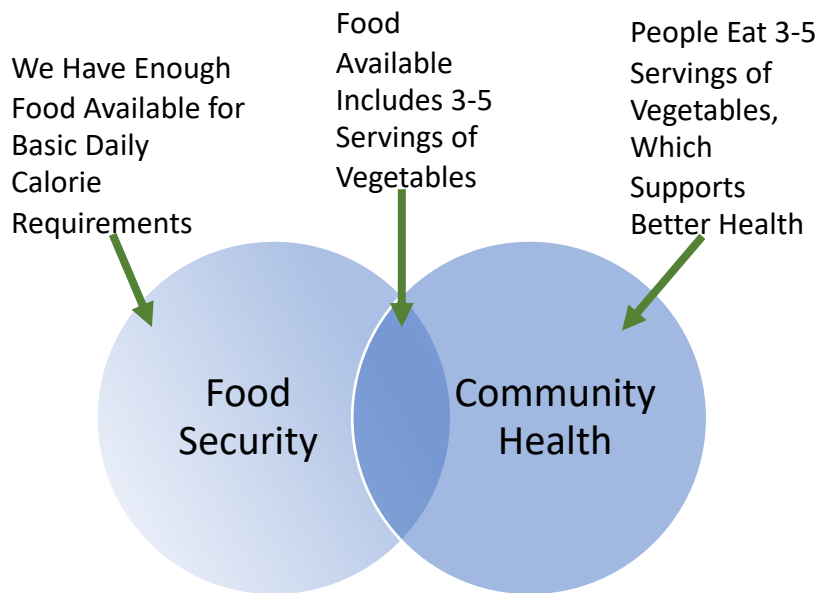


This version of the "Food Is Medicine Pyramid" is taken from the Food Is Medicine Coalition state plan for integrating food into health care. It shows progressively more targeted program types, moving from general food access to treatment for specific conditions.

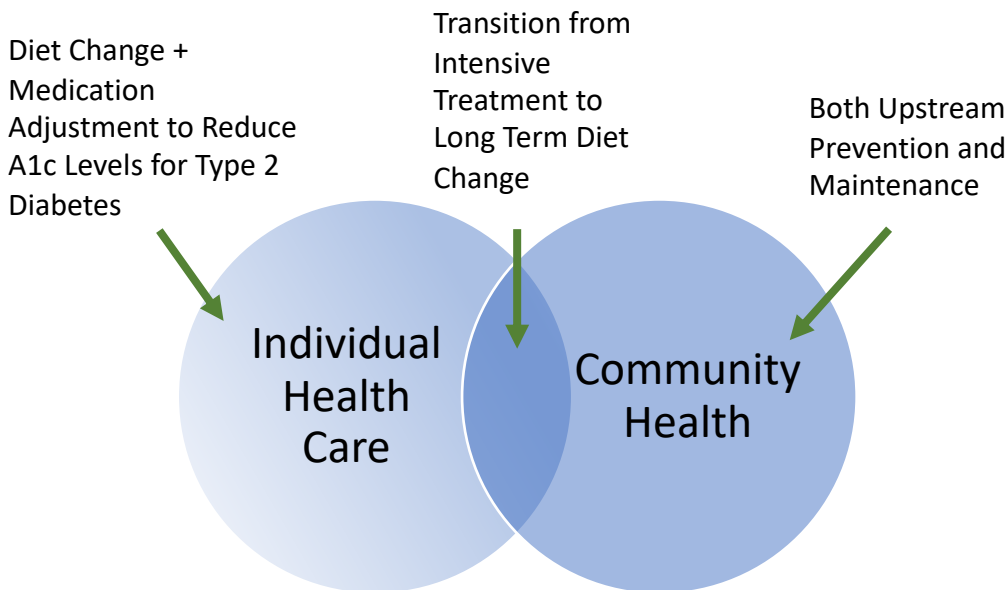


For policy discussions, these overlapping circles are sometimes a more-helpful way to represent the ideas illustrated in the pyramid above, because each circle corresponds to different funding structures and evaluation systems. As with the pyramid, any one health care organization often has activities in all three areas, this is meant to define programs not (necessarily) entire organizations.

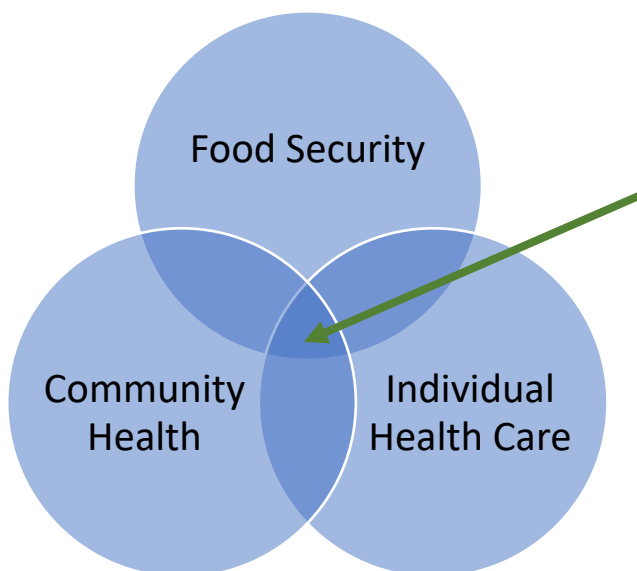
# Examples of Using the Frameworks to Understand Program Potential:



We can imagine adding in an Individual Health Care connection by primary care providers serving as clinical advisors to USDA in designing a true “nutrition security” plan for food access that matches what they see when working with individual patients.



We can build from the example above to imagine that in the Food Security sphere, the USDA nutrition security safety net is designed to support patients’ new, healthier diet during & after the period of intensive change.



Food Insecurity Screening at Health Care Practice Leads To:

- Primary care providers talk with patients about how diet quality & food access affect their health goals
- +
- Referral to Community Resources
- +
- Food at those Community Locations is Healthy & Local
- +
- Provider follows up on whether those resources are enough, or more is needed to help with specific health outcomes